

The Books of Wisdom

- 1st Easy overview **Proverbs**
- 2nd Critical view **Ecclesiastes**
- 3rd Connect better with GOD **Job**

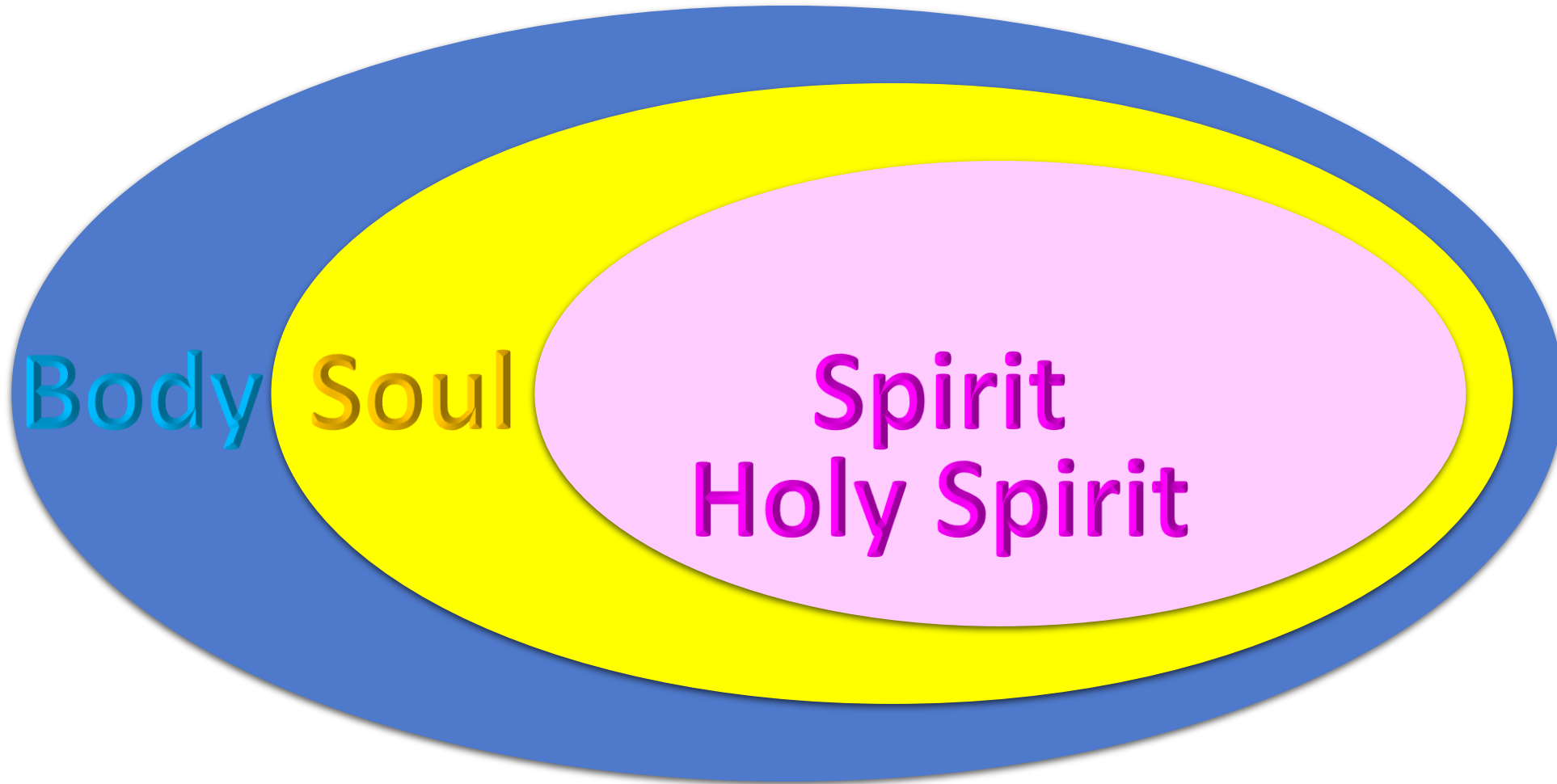


Christian Psychology

- **Foundation:** Rooted in biblical principles and the teachings of Christianity.
- **View of Human Nature:** Emphasizes the spiritual aspect of human beings, recognizing the soul and its **relationship with God**.
- **Purpose:** Aims to align psychological practices with Christian **values**, focusing on spiritual **growth** and **healing**.
- **Approach:** Integrates **faith** and **psychology** (care for the soul), using scripture and prayer as part of the therapeutic process.
- **Therapists:** Often trained in both psychology and theology, providing a **holistic** approach to mental health.

Trichotomous view

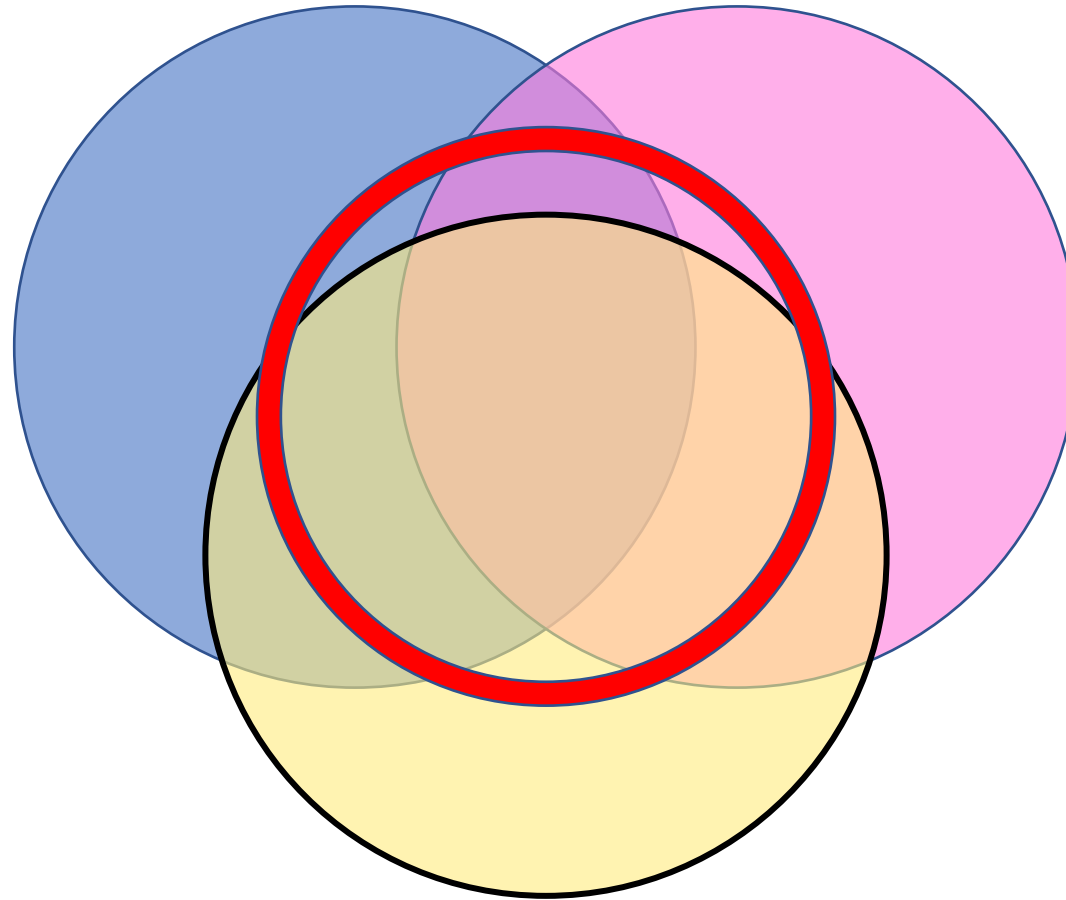
THE real NATURE OF MAN



The Human members

Our tipple Intelligence

Physical
βίο Bio



Spiritual
Ζώνη Zoe

Emotional

Ψύχε Psyche

Biological Intelligence

Definition:

BI is the ability to store **Information** and **Emotions** , distinguish their fields of engagement and give back the information when requested by the Soul.

Spiritual Intelligence

Definition:

SI is the ability to deal with information and understand the purpose of it.

Emotional Intelligence

Definition:

EI is the ability to discern, feel receive emotions and recognize the character of it.

Secular Psychology

- **Foundation:** Based on the will there is no GOD a pseudoscientific research and empirical evidence limited to the physical realm.
- **View of Human Nature:** Focuses on the mind and body, often excluding the spiritual dimension.
- **Purpose:** Aims to understand and treat mental health issues through evidence-based practices.
- **Approach:** Utilizes various psychological theories and techniques, such as cognitive-behavioral therapy, without incorporating religious elements.
- **Therapists:** Typically trained in psychology and mental health, without a specific focus on religious or spiritual aspects.

Some
theories



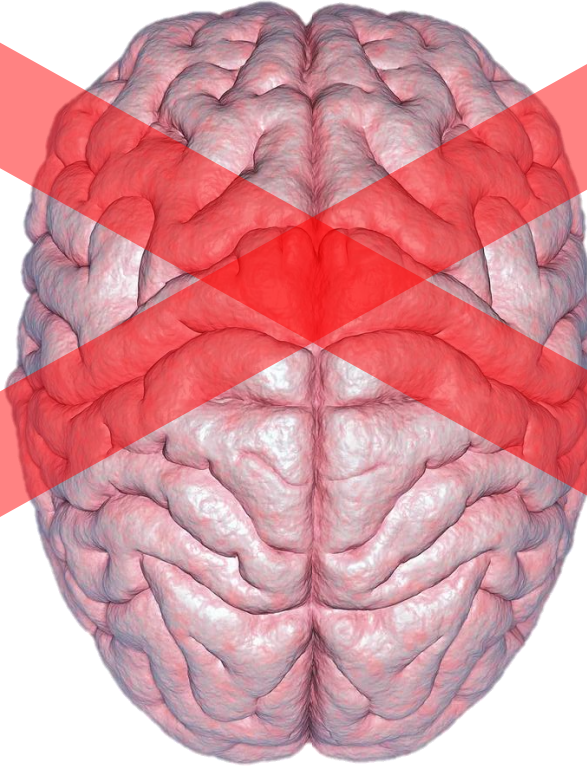
THE NATURE OF MAN



From Dichotomous to Monoblock

SQ
Spritual Intelligence
whole brain

IQ
Intellectual
Intelligence
left brain



EQ
Emtional
Intelligence
right brain

TODAY'S



REGISTERED NURSES IN THE PHILIPPINES

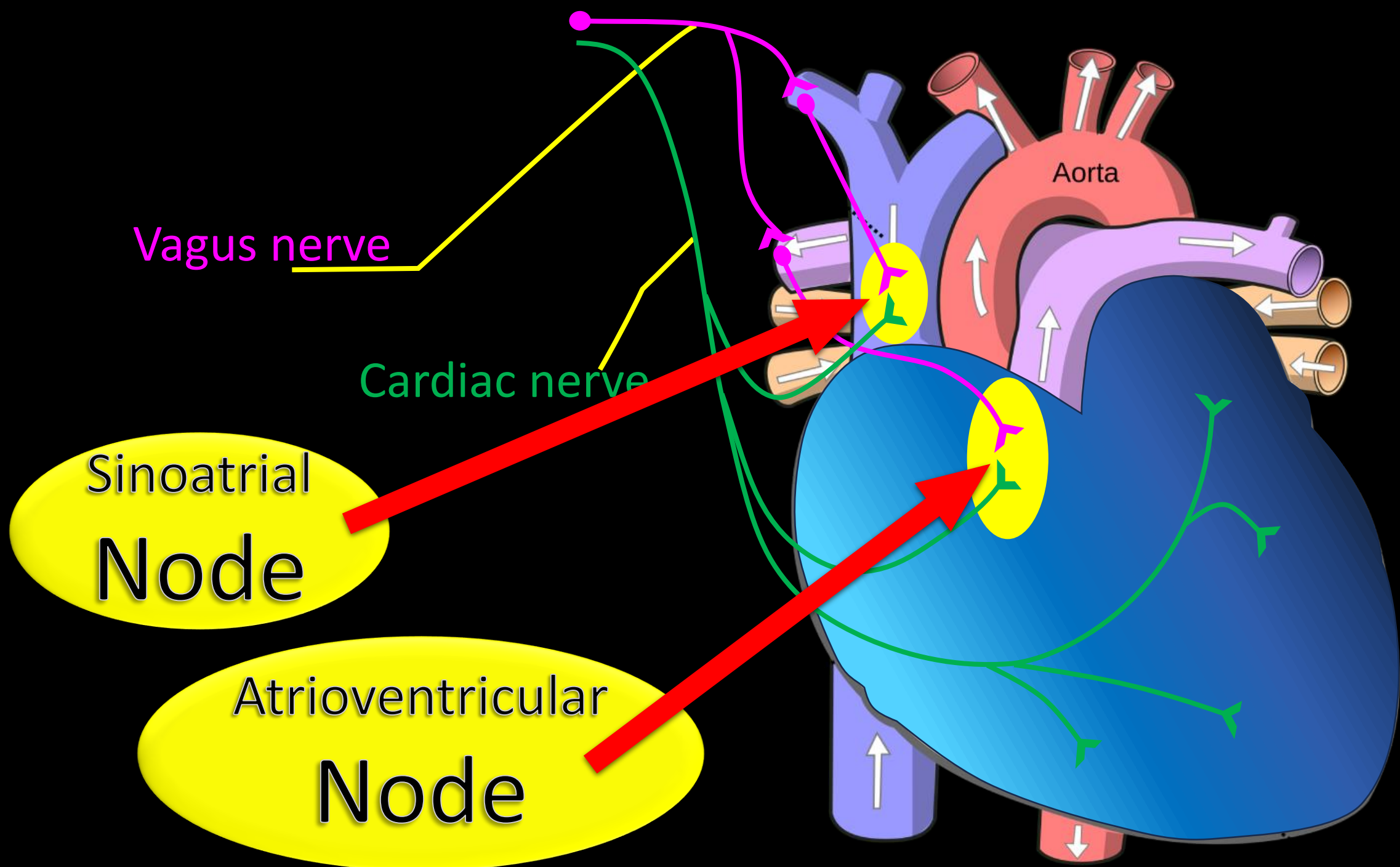
Psychologists identify four type of Intelligence

- Intelligence Quotient (IQ)
- Emotional Quotient (EQ)
- Social Quotient (SQ)
- Adversity Quotient (AQ)

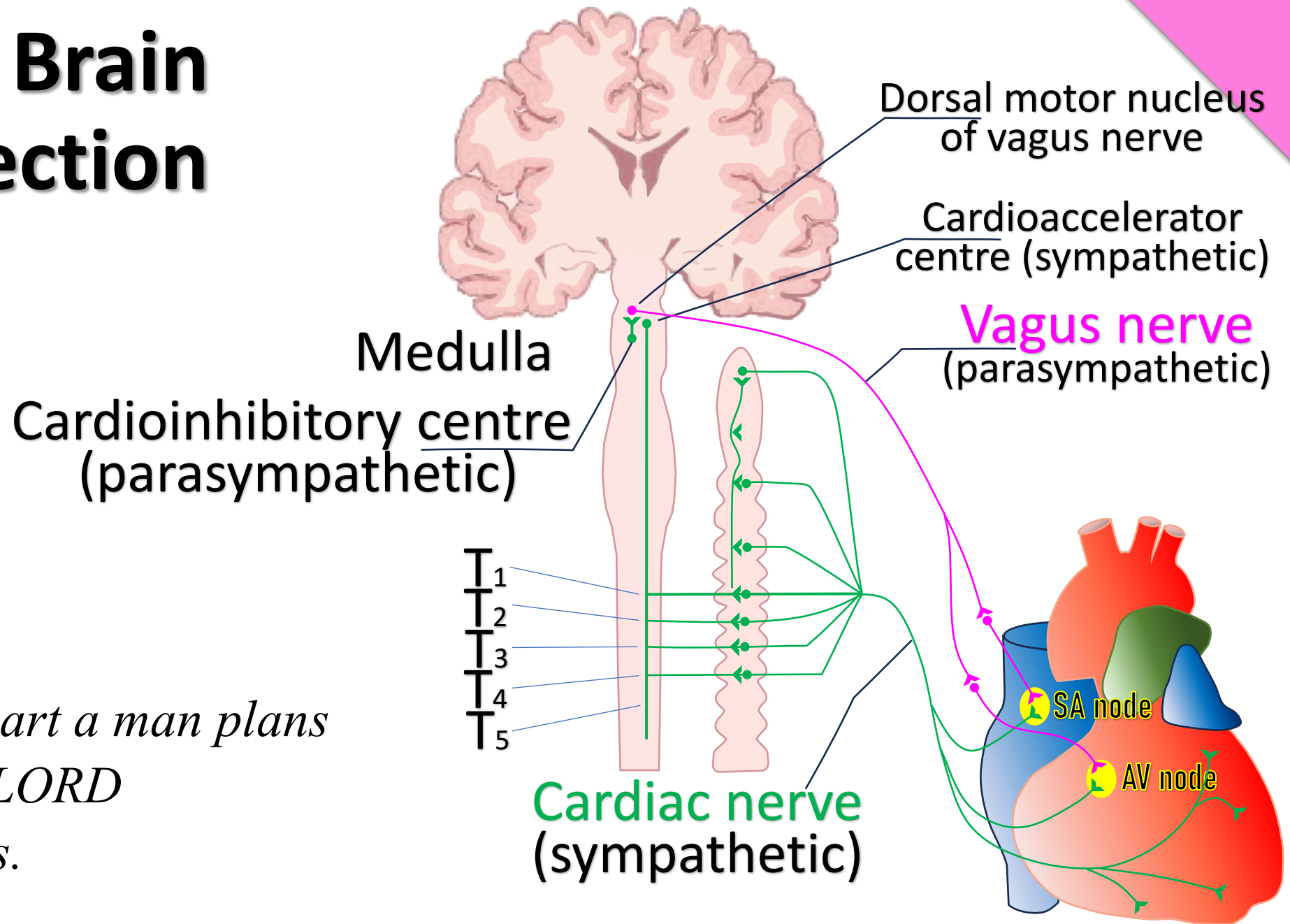


Lets get real

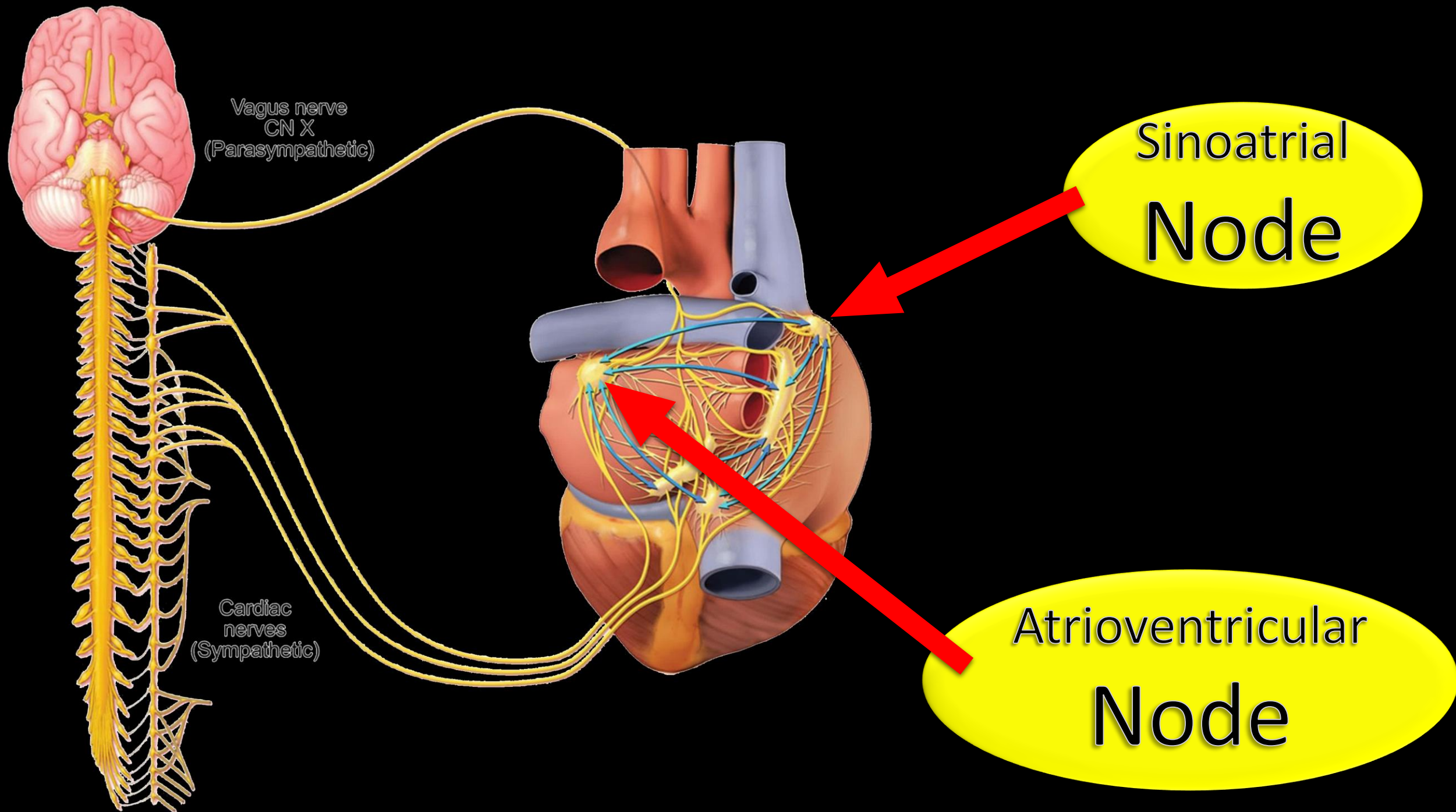
- How does the invisible connection work?
- How is body spirit and soul connected?



Heart Brain Connection



Pro 16:9 *In his heart a man plans his course, but the LORD determines his steps.*



The connection of Life

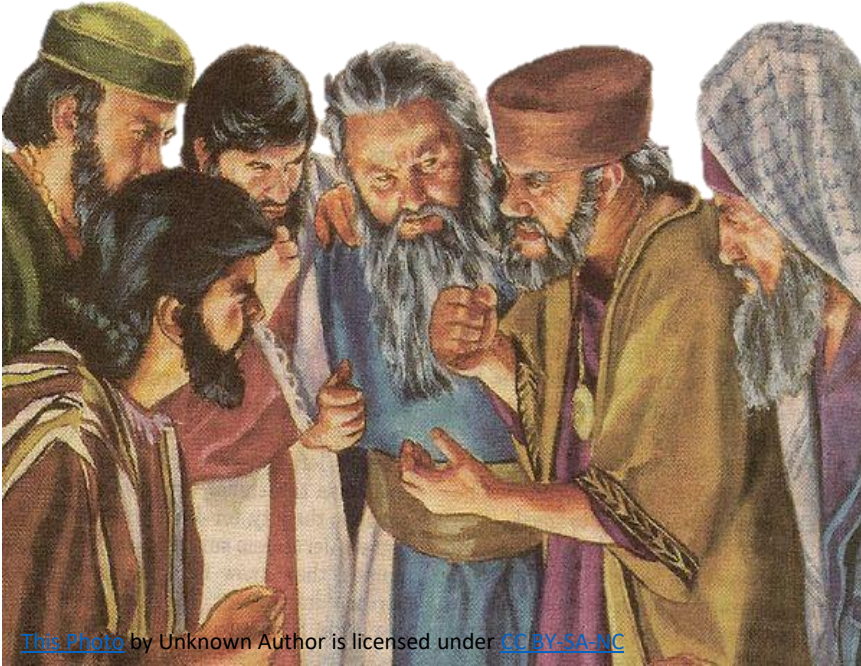
- **Life is the difference**
- **Existence is not enough**
- **All approaches must include the invisible unphysical world or it will go wrong**

Differences

In essence,
**Christian Psychology integrates
faith and spirituality
into the therapeutic process,**

while

**Secular Psychology relies on
physical scientific methods and
evidence-based practices only.
Like Sadducees**



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Both approaches have their unique strengths and can be beneficial depending on the individual's beliefs and needs. Where Secular Psychology has good approaches in observing issues though the treatment is often a further destruction. There is no physical evidence for the soul that is in the invisible realm.

Let's dive into the
major mistakes
of secular psychology,
their impact on mankind,
and examples of
anti-authoritarian
education.



Major Mistakes of Secular Psychology

1. **Exclusion of Spiritual Dimensions:** Secular psychology often excludes spiritual and religious dimensions of human life, which are significant for many individuals. This exclusion can lead to an incomplete understanding of human behavior and mental health.

Example: Viktor Frankl's logotherapy emphasizes the importance of meaning and spiritual dimensions in psychological healing.

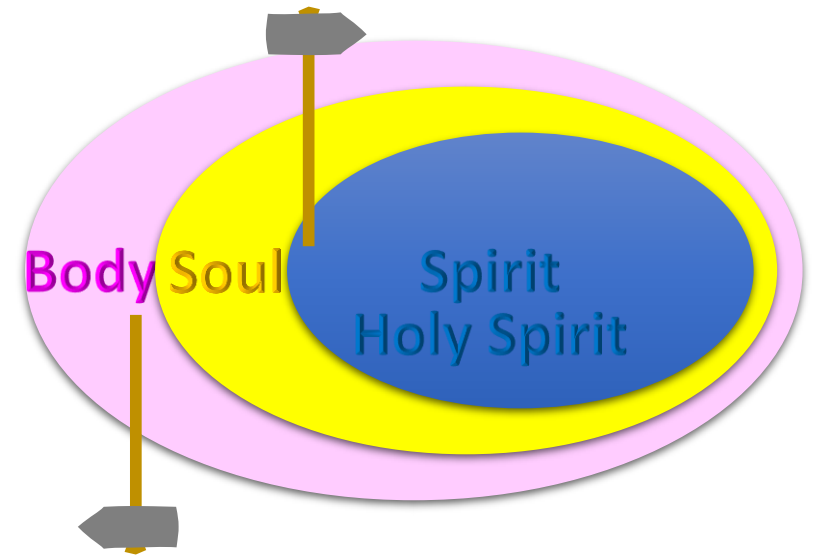


Major Mistakes of Secular Psychology

2. Reductionism: Secular psychology tends to reduce complex human experiences to **mere biological or psychological processes**, ignoring **the holistic nature of human beings**.

Example: Critics have pointed out how behaviorist approaches like those of

B.F. Skinner often neglect emotional and existential dimensions.





Major Mistakes of Secular Psychology

3. **Ethical Relativism:** Without a moral framework, secular psychology can struggle with ethical relativism, where moral standards become subjective and variable.

Quote: "When everything is relative, the smallest ethical dilemmas can become paralyzing." - Paul Vitz





Major Mistakes of Secular Psychology

4. **Overemphasis on Empiricism:** While empirical evidence is crucial, an overemphasis on it can lead to the neglect of subjective experiences and personal narratives that are equally important in understanding human behavior. Example: Carl Jung's work on archetypes and the collective unconscious highlighted the importance of subjective and symbolic experiences.

Major Mistakes of Secular Psychology

5. Medication often fails the patients need because they can only manage symptoms but are not able to go down to the real ground of the problem especially if it is from invisible influences.



Impact on Mankind



1. Behavioral Issues:

The exclusion of spiritual dimensions can lead to a lack of meaning and purpose in life, contributing to existential crises and behavioral issues. Example: Increased rates of existential depression in modern societies.



Impact on Mankind



2. Mental Health:
Reductionism can result in inadequate mental health treatments that fail to address the root causes of psychological distress.
Example: Ignoring cultural and spiritual factors in therapeutic interventions.

Impact on Mankind



3. Ethical Dilemmas: Ethical relativism can lead to confusion and inconsistency in moral decision-making, affecting personal and societal well-being. Quote: “If the end justifies the means, who decides what ends are justified?” - Alasdair MacIntyre.



Impact on Mankind



4. Loss of Personal Narratives: Overemphasis on empiricism can lead to the loss of personal narratives and subjective experiences, which are essential for holistic healing. Example: Narrative therapy restores these lost stories to empower individuals.



Antiauthoritarian Education

From a **Christian perspective**, antiauthoritarian education, which emphasizes the **rejection of traditional authority** and promotes self-directed learning, can be seen as a nuanced topic. Christianity values the concept of authority as ordained by God, such as parental guidance, teachers, and community leaders, emphasizing respect and obedience as part of **a moral framework** (e.g., Ephesians 6:1-4, Proverbs 22:6). Education is often viewed as a way to instill both knowledge and moral character under the guidance of **responsible authority**.

verbs 29:15

The rod

and reproof gives wisdom:

but a child **left** brings his mother to shame.



Antiauthoritarian Education in the Bible

1Kings 1:5 Then **Adonijah** the son of Haggith exalted himself, saying, **I will be king**; and he prepared for himself chariots and horsemen, and fifty men to run before him.

6 (Now his father had **not hurt him at any time** by saying, **Why have you done so?** He was also **very good in appearance**. And his mother had borne him after Absalom.)



Good Antiauthoritarian Education

However, some aspects of antiauthoritarian education, like encouraging critical thinking, fostering creativity, and respecting individuality, may align with Christian principles of nurturing each person's unique God-given gifts and purpose.

A balance might be seen as ideal

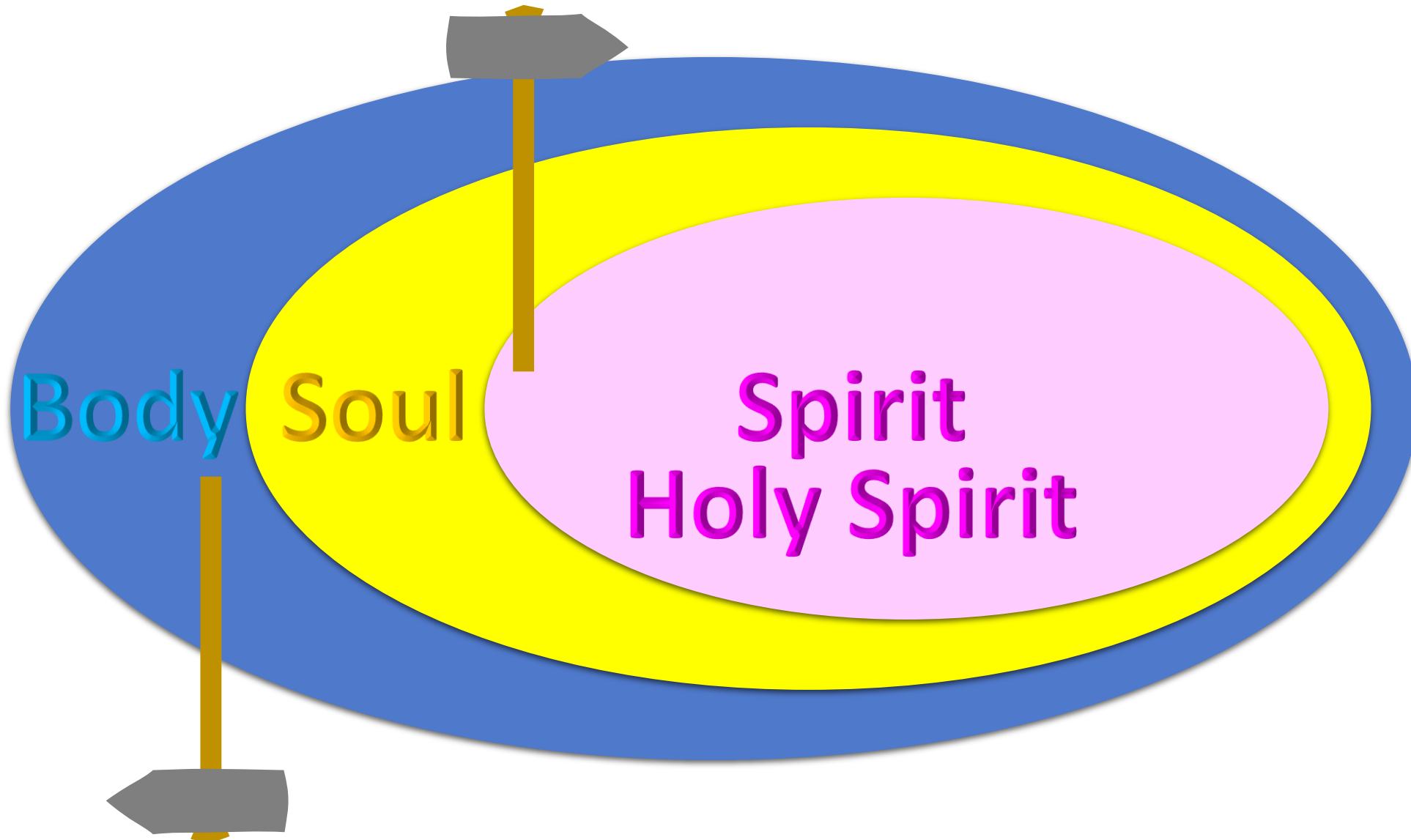
—

valuing authority while also empowering individuals to grow in wisdom and faith.

The fight insight

17 For the flesh lusts **against** the Spirit, and the Spirit **against** the flesh: and these are **contrary** the one to the other:
so that **you cannot do** the things that you would.

The fight insight





KING David

- Lies
- Wife's
- Bloodshed
- Renew spirit
- Joy of salvation
- Depression when I kept silent

TRANSGRESSION IS FORGIVEN

Psalms 32:1 Blessed is the man whose **transgression is forgiven**, whose sin is covered. **2** Blessed is the man to whom JHWH does not impute iniquity, and in whose spirit there is no guile. **3** **When I kept silent, my bones wore out through my roaring all day long.** **4** For by day and night Your hand was heavy upon me; my sap was turned into the drought of summer. Selah. **5** I declared my sin to You, and my iniquity I have not hidden. I said, **I will confess my transgression to JHWH**, and You forgave the iniquity of my sin. Selah. **6** For this let everyone who is godly pray unto You, in a time when You may be found; surely in the floods of great waters they shall not come near him. **7** You are my hiding place; You shall preserve me from **distress**; You shall enclose me with shouts of deliverance. Selah. **8** I will instruct you and teach you in the way which you should go; I will counsel you with My eye. **9** Do not be like the horse, or like the mule, which have no understanding, whose mouth must be held in with bit and bridle, so that they do not come near you. **10** The **wicked has many sorrows**, but mercy envelops him who trusts in JHWH. **11** **Be glad** in JHWH and **rejoice**, you are righteous; and **shout for joy**, all you upright in heart.



Behavior in Proverbs

- Foolishness
- Laziness
- Shamefulness

Loosing the kingdom of GOD
because of ignorance

- **anxiety** because being effeminate
In the world ye shall have tribulation: but be of good cheer; I have overcome the world. (John 16:33)

Loosing the kingdom of GOD
if you do not fight for it

not worthy of me:

- Mt 10:37 He that loveth father or mother **more** than me is not worthy of me:
- Do you love me **more** Yeshua asked
- Jn 21:15 So, when they had dined, Jesus saith to Simon Peter, Simon, son of Jonas, do you love me **more** than these? He saith unto him, Yea, Lord; you know that I love you. He saith unto him, Feed my lambs.

Somato-Psychic illnesses

- how do **physical** conditions influence **mental** states. **Chronic pain**, for instance, can lead to **depression**, and **hormonal imbalances** might cause **mood disorders**.
 - It's fascinating how **interconnected** the mind and body are. Can you give me a specific example ???
- Chronic pain or conditions like **hyperthyroidism** can lead to **irritability** and **anger**.
 - It's a feedback loop—physical **discomfort** adds **stress**,
- and that stress can worsen the physical symptoms.
 - A Frustrating **devil's cycle**, right?

Psycho - Somatic illnesses

Tension Headaches: These are headaches caused by stress or anxiety, leading to muscle tension in the head and neck.

Irritable Bowel Syndrome (IBS): A gastrointestinal disorder influenced by stress and anxiety, causing symptoms like abdominal pain, bloating, and changes in bowel habits.

Chronic Fatigue Syndrome: A condition characterized by extreme fatigue that is not improved by rest and may be exacerbated by mental stress.

Hypertension: High blood pressure that can be influenced by stress and anxiety, potentially leading to serious health issues.



 Intellisense



BP629

MEM

START
—
STOP



OMRON

Lust

Galatians 5:19 Now the **works of the flesh** are evident, which are: adultery, sexual perversion, uncleanness, licentiousness, **20** idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, **21** envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that **those who practice such things will not inherit the kingdom of God.**

Galatians 5:24 And those who are Christ's have crucified the flesh with its **passions and lusts.**

[VW] Titus 3:3 For we ourselves were also once **foolish, disobedient, led astray, enslaved** to various lusts and pleasures, living in malice and envy, hateful and hating one another.

Major Categories of Psychological Disorders



Anxiety Disorders



Mood Disorders



Personality Disorders



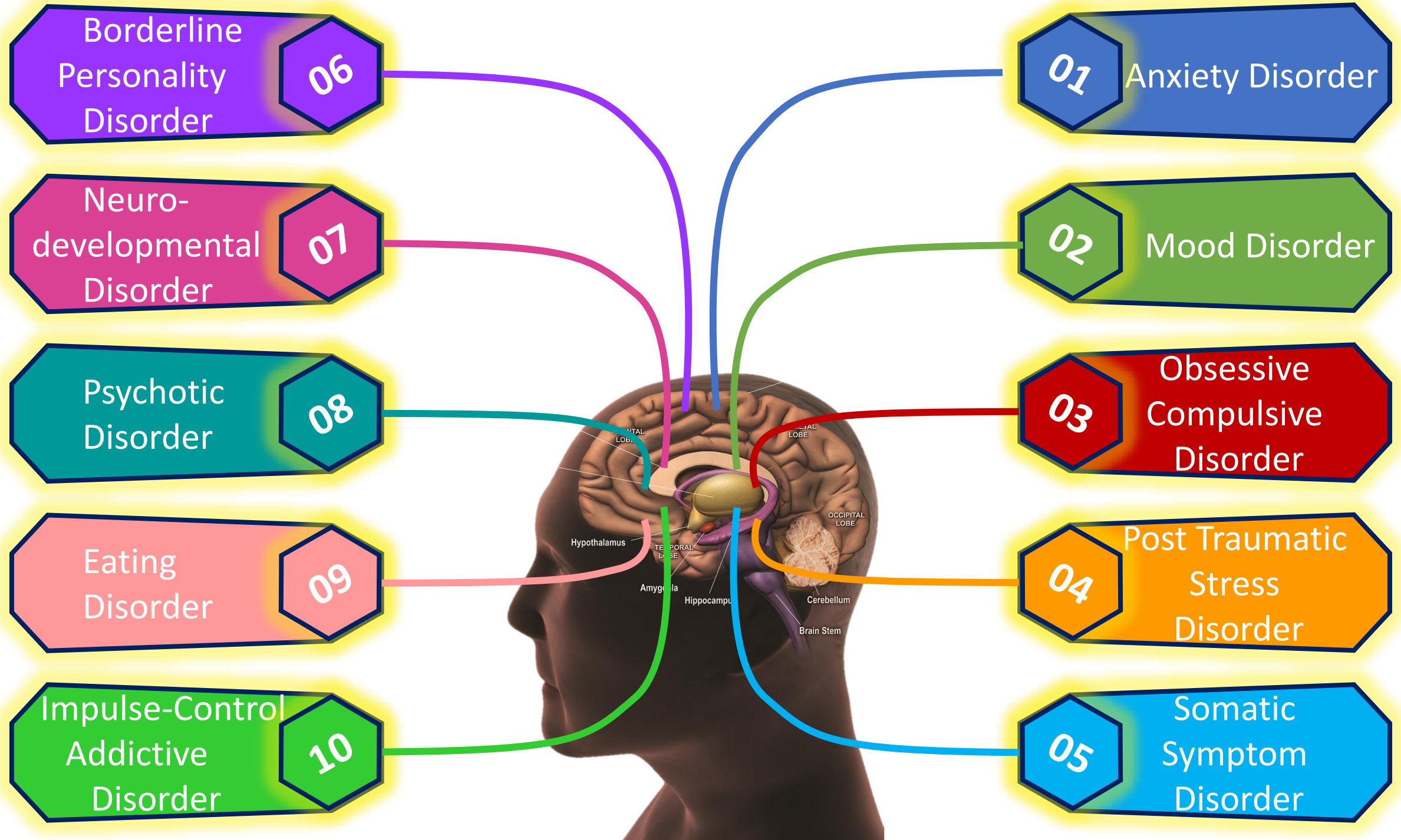
Psychotic Disorders

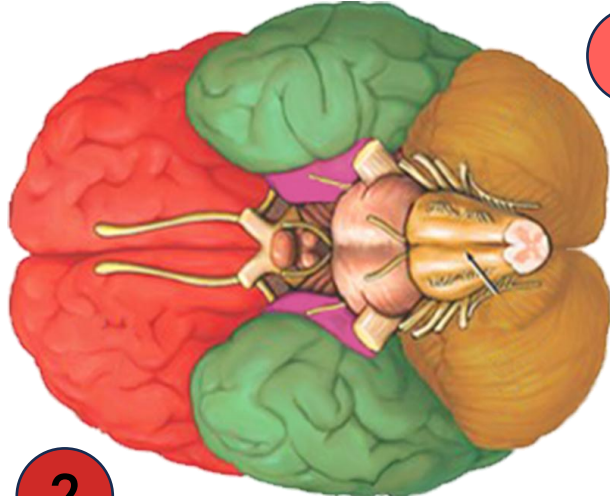


OCD Disorders



Neurodevelopmental Disorders





- 1 Higher Mental Functions:**
 Concentration
 Planning
 Judgement
 Emotional Expressions
 Creativity
 Inhibition

- 2 Broca Area:**
 Muscles of speech

- 3 Motor Function Area:**
 Eye movement
 and orientation

- 4 Motor Function Area:**
 Initiation of voluntary muscles

- 7 Wernicke's Area:**
 Written and spoken
 language comprehension

- 8 Association Area:**
 Short term memory
 Equilibrium
 Emotion

- 5 Sensory Area:**
 Sensation from
 muscles and skin

- 9 Auditory Area:**
 Hearing

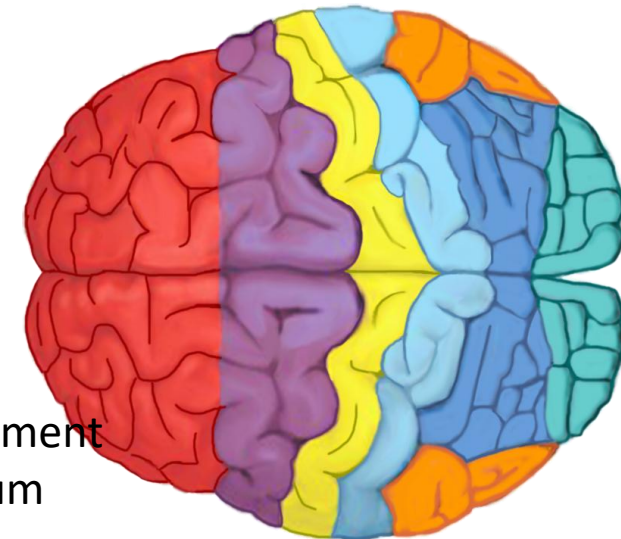
- 6 Somatosensory Association Area:**
 Evaluation of weight, texture,
 temperature, etc.
 for object recognition

- 10 Visual Area:**
 Sight
 Image recognition
 Image perception

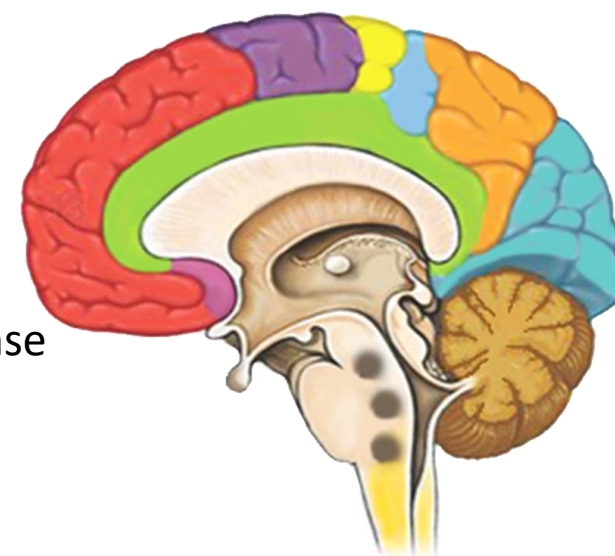
- 11 Motor Functions:**
 Coordination of Movement
 Balance and equilibrium
 Posture

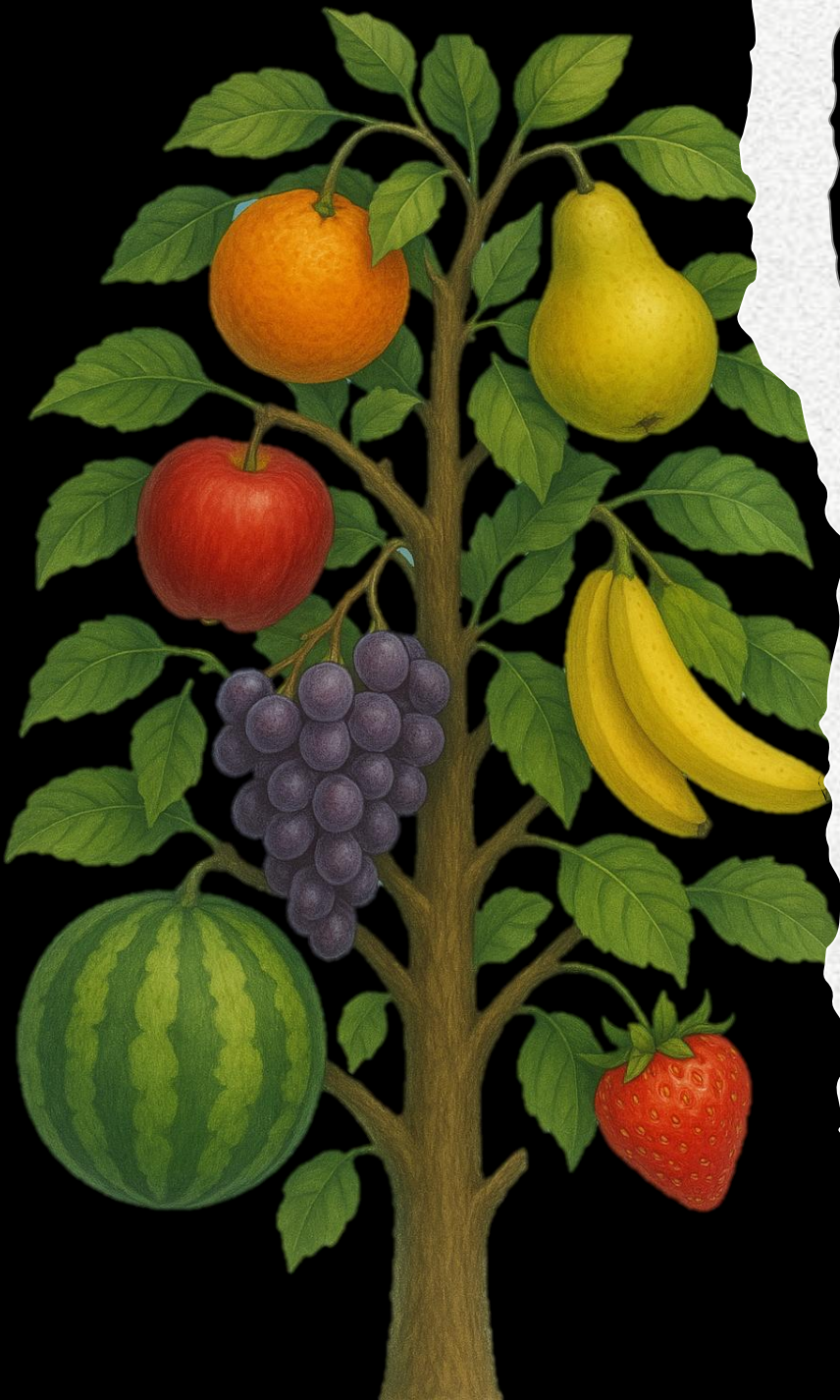
- 12 Olfactory Area:**
 Smelling

- 13 Emotional Area:**
 Pain
 Hunger
 "Fight or Flight" response



- 14 Sensory Association Area:**





Our Goal is Fruit

- Cut off all rotten branches
- Cut off too many leaves
- Water it
- Fertilize it
- Dig around it

01

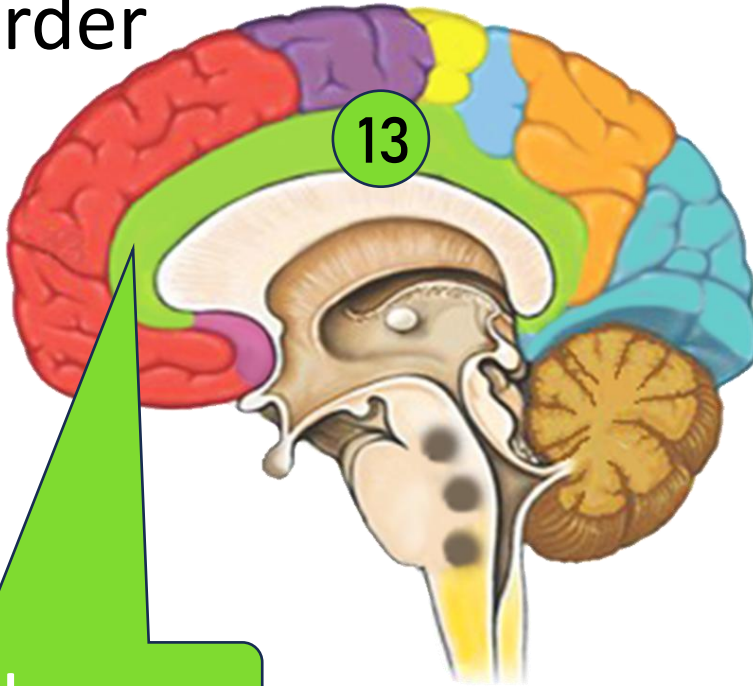
Anxiety

1. Anxiety Disorders

13

Emotional Area:
Pain
Hunger
“Fight or Flight” response

- Generalized Anxiety Disorder (GAD)
- Social Anxiety Disorder
- Panic Disorder
- Phobia



Corpus Callosum

Anxiety
Disorders



Anxiety

A normal reaction to stress or difficult times

Triggered by a specific stressor

With start and ending point

Can be helpful and motivational

Disappears after situation

Relaxing makes you feel better

It's a response to a bad situation



Anxiety Disorder

Comes without cause

Intense or improper response

Can last weeks and beyond

Disturbs daily life

Physical symptoms
sweating, trembling,
lightheadedness, racing heart

Feels like impossible to control

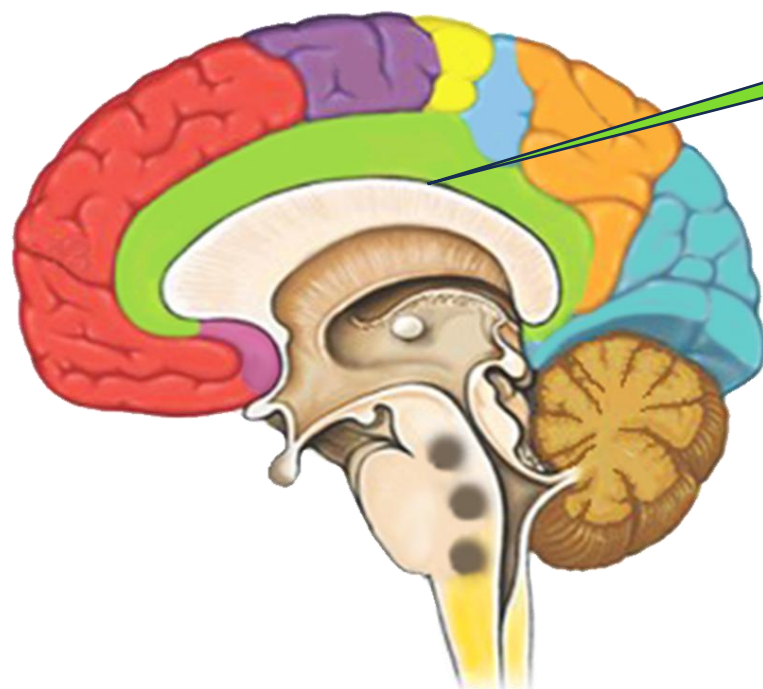
02

Mood Disorder

2. Mood Disorders

- Major Depressive Disorder
- Bipolar Disorder

Corpus Callosum



13

Emotional Area:
Pain
Hunger
“Fight or Flight” response



02

Mood Disorder

Bipolar



03

Obsessive Compulsive Disorder

3. Obsessive-Compulsive and Related Disorders

1

Higher Mental Functions:

Concentration

Planning

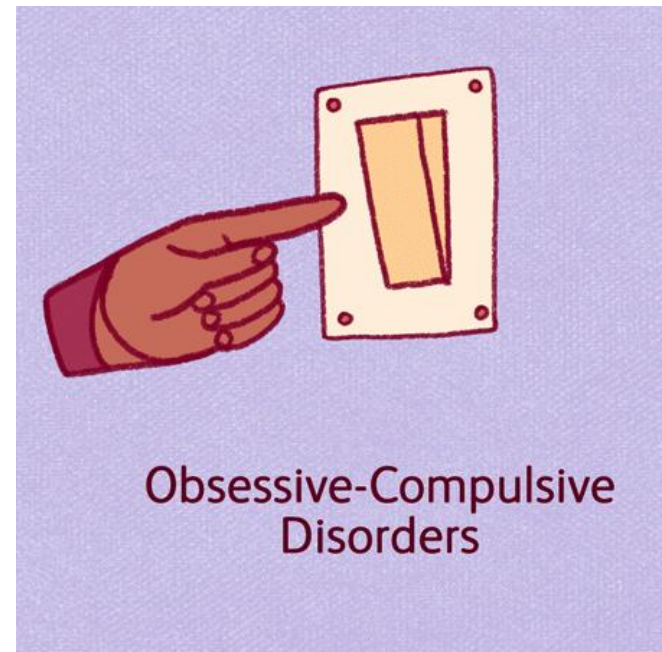
Judgement

Emotional Expressions

Creativity

Inhibition

- Obsessive-Compulsive Disorder (OCD)
- Body Dysmorphic Disorder
- Causes and Risk Factors:
 - The exact cause of OCD **isn't fully understood**, but it may involve:
 - Changes in brain chemistry or functioning.
 - Genetic predisposition.
 - Environmental factors,
 - such as infections or stressful life events



04

Post Traumatic
Stress
Disorder

4. Trauma - and Stressor-Related Disorders

- Post-Traumatic Stress Disorder (PTSD)
- Acute Stress Disorder



1

Higher Mental Functions:

Concentration
Planning
Judgement
Emotional Expressions
Creativity
Inhibition

05

Somatic
Symptom
Disorder

5. Somatic Symptom and Related Disorders

- Somatic Symptom Disorder SSD
- Illness Anxiety Disorder



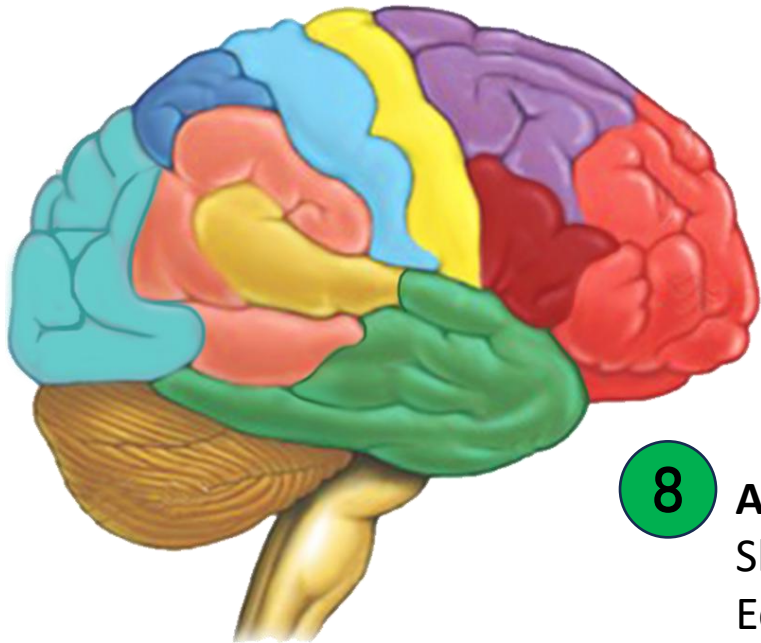
6

Somatosensory Association Area:
Evaluation of weight, texture,
temperature, etc. for object recognition



6. Personality Disorders

- Borderline Personality Disorder
- Antisocial Personality Disorder



1

Higher Mental Functions:

Concentration
Planning
Judgement
Emotional Expressions
Creativity
Inhibition

8

Association Area:

Short term memory
Equilibrium
Emotion



13

Emotional Area:

Pain
Hunger
“Fight or Flight” response

7. Neurodevelopmental Disorders

- Autism Spectrum Disorder (ASD)

Rainman Dustin Hoffman / Tom Cruise

- Attention-Deficit Disorder Syndrome (ADD or ADS)
- Attention-Hyperactivity Disorder (AHD)



1

Higher Mental Functions:

Concentration
Planning
Judgement
Emotional Expressions
Creativity
Inhibition

Honor you father and your mother

- **Growing up with caring parents is a pleasure for the development of the whole body**
- **When it goes wrong in carelessness many illnesses can follow, we will explore some**

Family Structure



GOD

Giver

Life Guidance Love

Father

Protect Build Lead Provide

Mother

Comfort Teach Nurture

Child

Love learn obey

Emotional and Psychological Health

**Chronic hunger can
lead to mental
health issues such
as anxiety and
depression.**



Physical Growth and Organ Development

1. Chronic malnutrition can lead to stunted growth, where children are significantly shorter than they could be.
2. Poor nutrition compromises the immune system, making children more vulnerable to infections and diseases.
3. Essential organs like the heart, liver, and kidneys can be underdeveloped or function poorly due to lack of nutrients, leading to long-term health issues.

Stunted Growth:

Weakened Immune System:

Organ Function:

Neuro-
developmental
Disorder

01

Brain Development

Lack of essential nutrients, such as proteins, fats, and vitamins, can delay brain development, affecting learning and perceptive abilities.



Brain Development

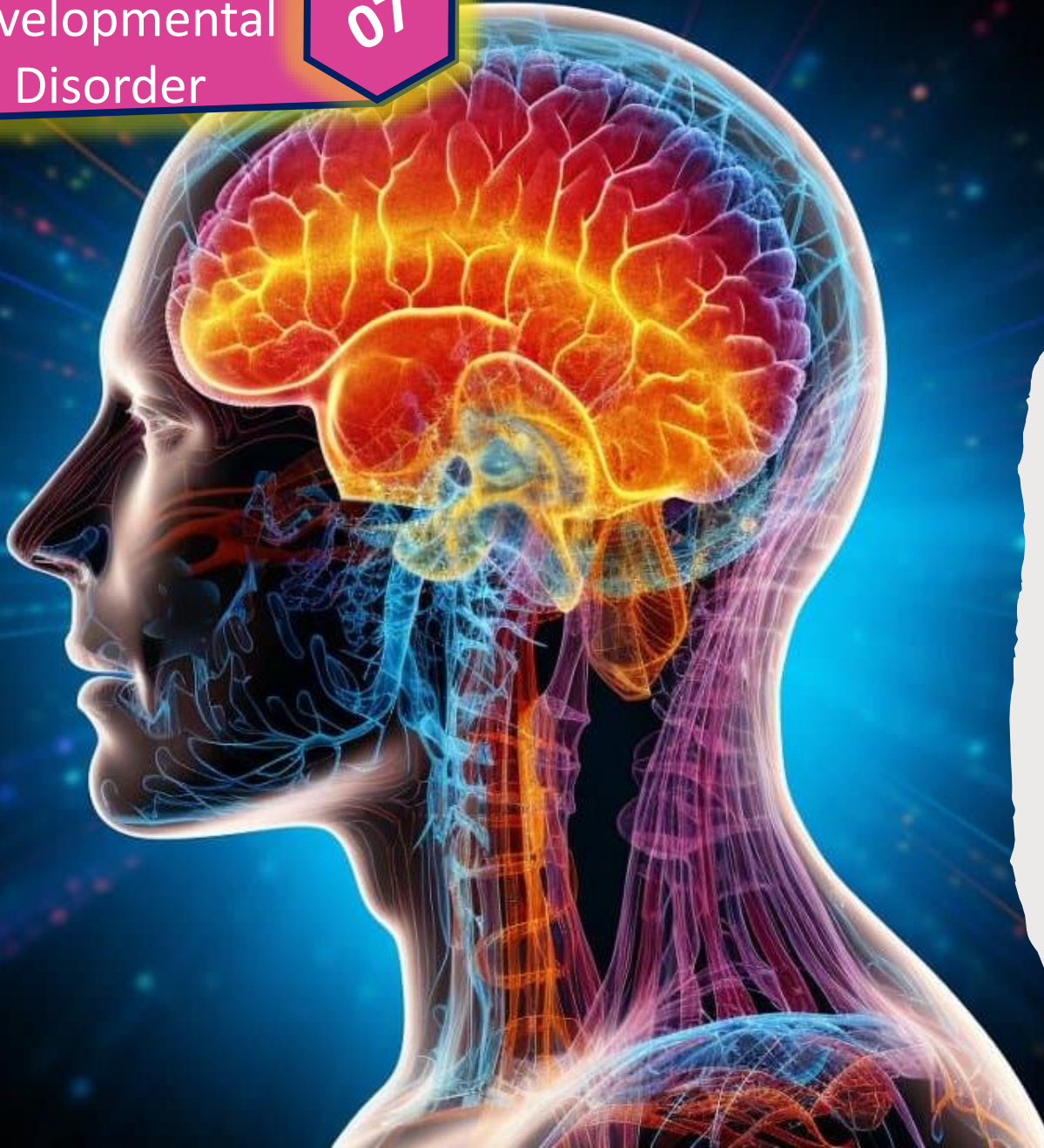
**Severe malnutrition
can result in a smaller
brain size, which
impacts overall brain
function.**



Brain Development



Insufficient nutrition can affect the production of neurotransmitters, which are crucial for brain communication and function.



Brain Development

Hunger can impair concentration, memory, and problem-solving skills, making it difficult for children to focus and learn effectively.



Emotional and Psychological Health

Hunger can cause
behavioral issues,
including
aggression and
hyperactivity.



Emotional and Psychological Health

- The stress and stigma associated with hunger can negatively impact a child's self-esteem and social interactions.

Neuro-
developmental
Disorder

07

Social Maldevelopment

- Children experiencing hunger may feel isolated and excluded from social activities.
- Hunger can lead to delays in reaching developmental milestones, affecting social skills and interactions.



8. Psychotic Disorders

- Schizophrenia - Schizoaffective Disorder
- Bipolar Type: This includes episodes of mania or hypomania

2

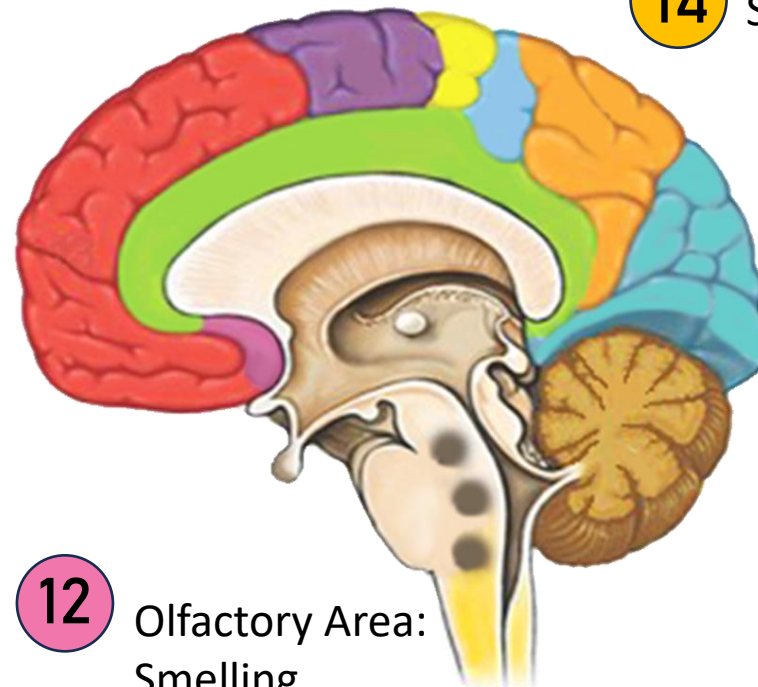
Broca Area:

Muscles of speech



9

Auditory Area:
Hearing



14

Sensory Association Area:

10

Visual Area:

Sight
Image recognition
Image perception

12

Olfactory Area:
Smelling

Psychotic
Disorder

08

Paranoia

Delusional Disorder



9. Eating Disorders

- Anorexia Nervosa
- Bulimia Nervosa

6

Somatosensory Association Area:
Evaluation of weight, texture,
temperature, etc. for object recognition



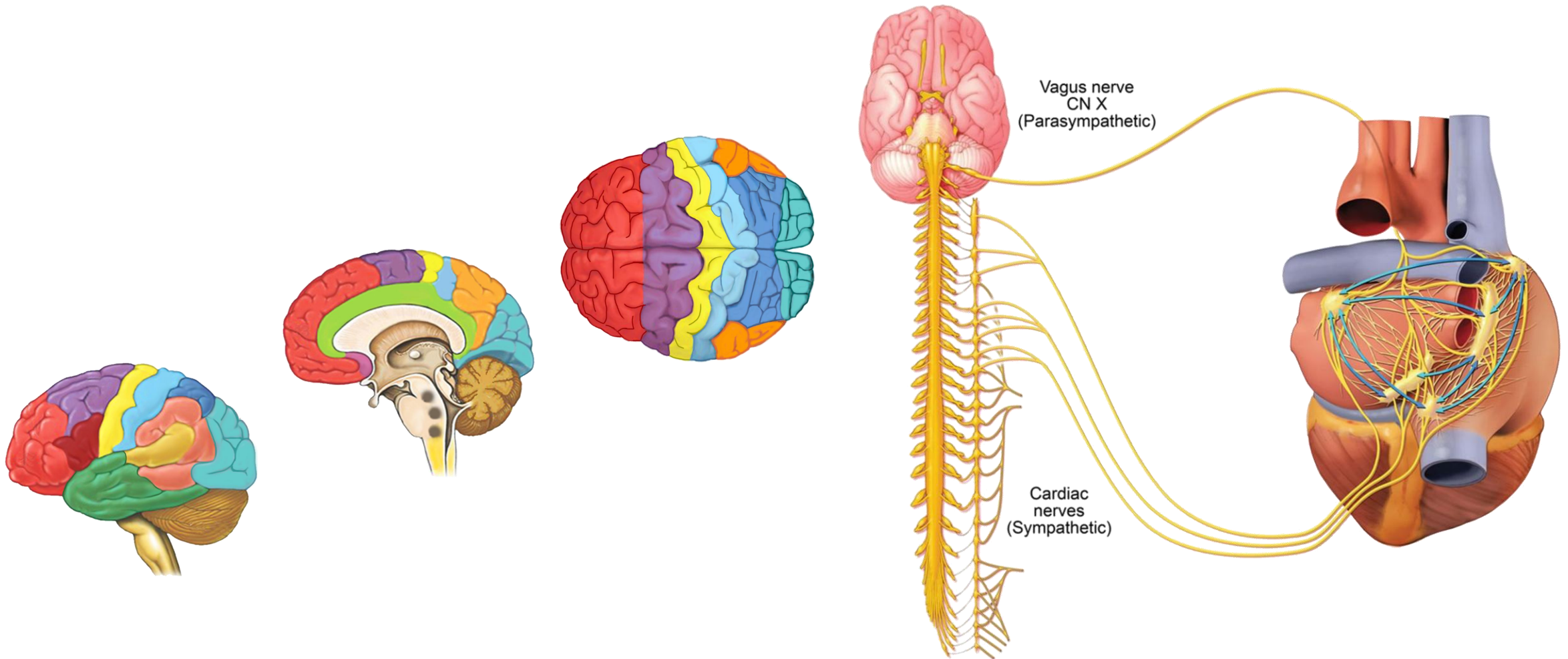
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Hunger
“Fight or Flight” response
- 14 Sensory Association Area:**

10. Impulse-Control and Addictive Disorders

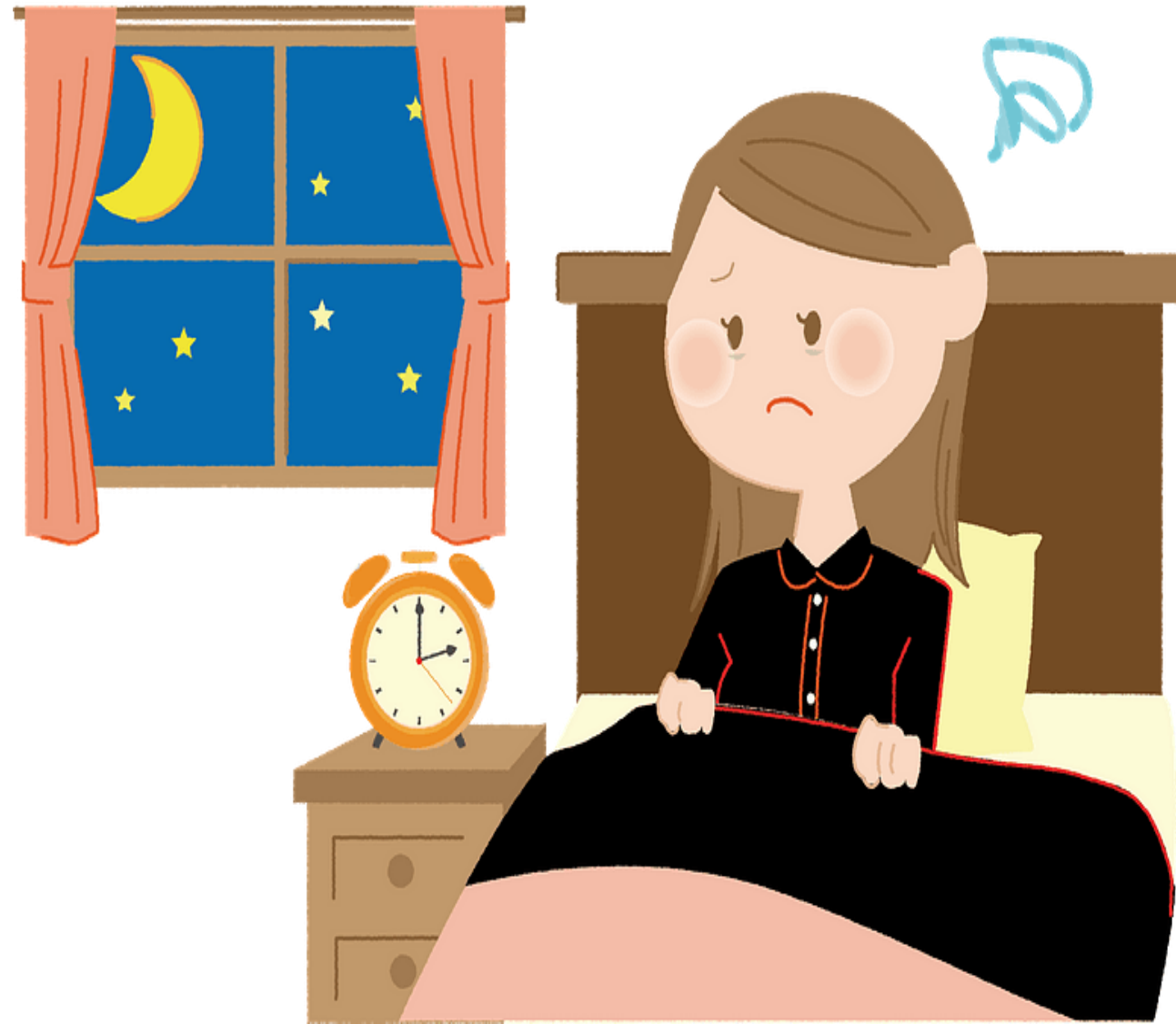
- Gambling Disorder
- Substance Use Disorder



Sleep
Disorder

11

Insomnia



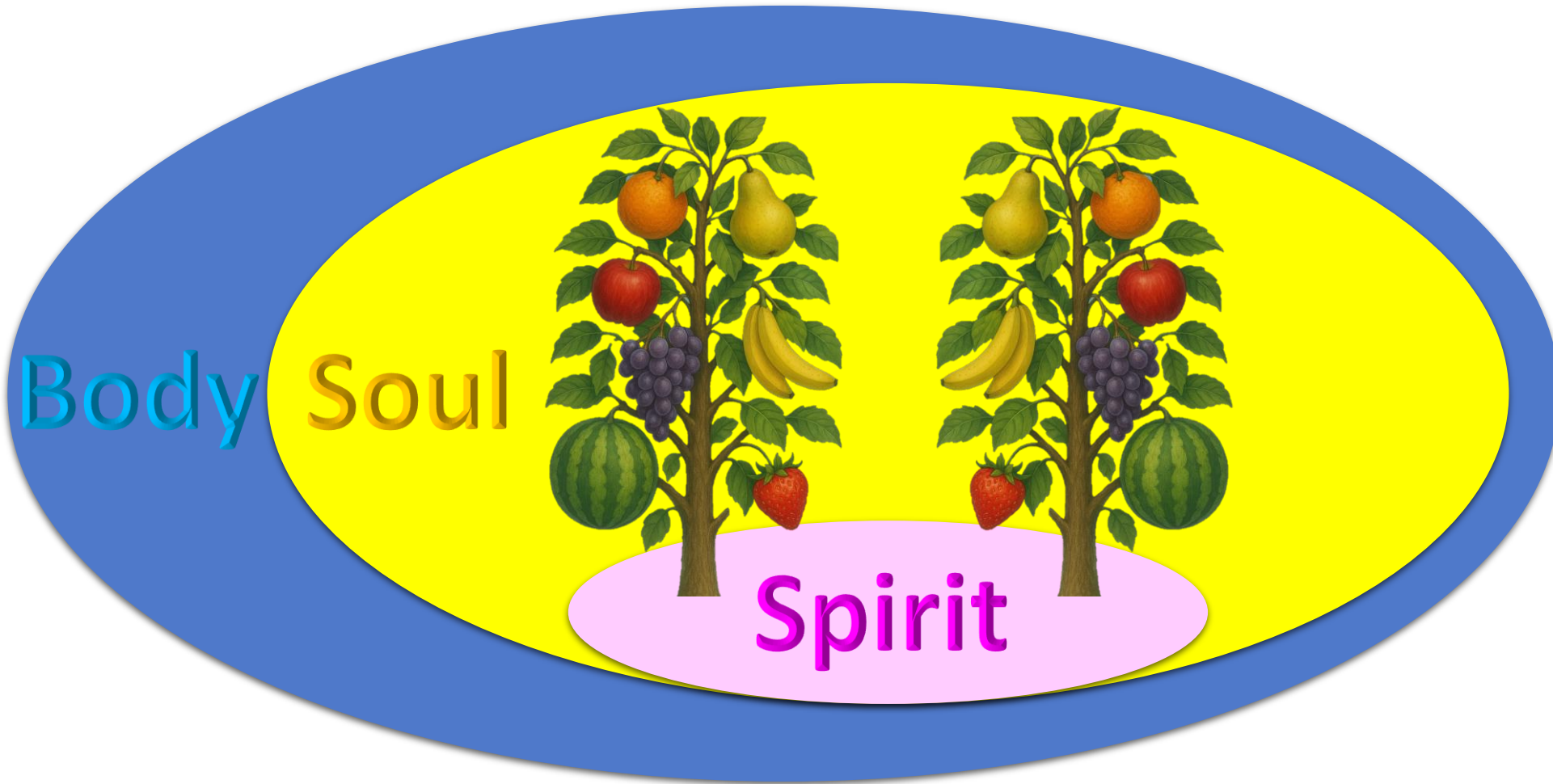
SLEEP DISORDERS



CLICK

[click here for having sweet dreams](#)

Our goal



Fruits of the spirit

- Galatians 5:22 But the fruit of the Spirit is **love, joy, peace, longsuffering, gentleness, goodness, faith,**
- 23 **Meekness, temperance:** against such there is no law.
- 24 And they that are Christ's have crucified the flesh with the affections and lusts.



Thank you Jesus
You are our inspiration